VIRTUE IN THE > CHRISTIAN LIFE <

# SELF-CONTROL IN AN ERA OF SELF-ACTUALISATION



2 PETER 1:6

**WEDNESDAY 30 AUGUST 2023** 





*Have you ever wondered* whether it might be okay to lie in some circumstances? Have you ever battled with how to use social media well? Or have you ever had no idea what to say to a friend who asks your advice about IVF?

The Centre for Christian Living (CCL) exists to help Christians bring the teaching of the Bible to bear these on these sorts of questions and the many other moments of moral decision that we face day by day.

## We do this through:

- our four public events each year (like the one you're at tonight);
- the library of audio, video and text resources we're building at ccl.moore.com.au;
- our regular "Centre for Christian Living" podcast.

THE CENTRE FOR CHRISTIAN LIVING IS AN ACTIVITY OF MOORE THEOLOGICAL COLLEGE



# SELF-CONTROL IN AN ERA OF SELF-ACTUALISATION

### PART 1 (David Höhne)

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| Ι. Ι | Introd | uction |

| But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness |
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| faithfulness, gentleness, and <b>self-control</b> . (Gal 5:22-23 CSB 2017)    |

- a) Words of the wise on self-control
- b) The network self that requires controlling
  - i. The self is a network of dynamic and mutually constitutive relationships
  - ii. The modern self as a container framework
  - iii. This modern self seeks freedom from the constraints of external relations and/or the compulsions of internal drives to achieve self-actualisation

### 2. Self-actualisation in modern culture

- a) The romantic concept of Meine Bildung
  - i. The cult of genius
  - ii. Bildung and culture
  - iii. Authenticity and Bildungen

| i. The power of self-interest  |
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| ii. Dreams, desires and modern advertising   |
| iii. Consumerism and buying an identity  |
| iv. The commodification of the self  |
| c) Critiques of authenticity   |
| i. Authenticity and narcissism   |
| ii. Self-actualisation and envy  |
| 3. The gift of self and the gifted self  |
| a) The gift of a new self in Christ Jesus  |
| i. God sends Christ Jesus to offer his-self for mine                               |
| ii. Through Christ, and in the Spirit, I am given a new self before God (Rom 8:15) |
| iii. In the Spirit of Christ, I become a gift to the body—the church (1 Cor 12:7)  |

b) Capitalism and the power to choose

### 4.Conclusion

| a) What do we know about self-control in an era of self-actualisation?  |
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| <ul> <li>i. The difference between self-control and self-actualisation is the prize (1 Cor 9:25, 6:11)</li> </ul>                                   |
| ii. Self-control is a fruit of the Spirit's directing us through Christ to God as our Father and therefore towards others (Rom 8:9-11; Gal 6:25-26) |
| b) What should we do about self-control in an era of self-actualisation?  |
| <ul> <li>i. We should expect the Spirit of God to enable us to be self-controlled (Gal 5:22-<br/>23)</li> </ul>                                     |
| ii. We should practise self-control after the example of the Lord Jesus (Phil 2:12)   |
| c) For what can we hope about self-control in an era of self-actualisation?   |
| i. Our heavenly Father promises that the Lord Jesus intercedes for us when we fail to exercise self-control (Heb 7:25)                              |
| ii. At the resurrection we will be given new bodies freed from sin, death and evil (Rom 8:23-25)  |
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### **PART 2: DISCUSSING PRACTICALITIES**



WE'D LOVE YOUR FEEDBACK. TELL US WHAT YOU THINK!

### **PART 3: Q&A**

# Q&A

To ask a question, use the QR code or

- 1. Open a web browser on your device and go to sli.do.
- 2. Enter the event code "abstemious".
- 3. Type your question, add your name (we'd prefer it if you used your real name) and click or tap "Send".

Time-permitting, we will ask your question on your behalf.







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7PM FOR 7:30PM | FRI 15 SEPT 7PM FOR 7:30PM | SAT 16 SEPT

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