

SELF-CONTROL IN AN ERA OF SELF-ACTUALISATION

2 PETER 1:6



30 AUGUST 2023



INTRODUCTION



May grace and peace be multiplied to you in the knowledge of God and of Jesus our Lord.

His divine power has granted to us all things that pertain to life and godliness, through the knowledge of him who called us to his own glory and excellence, by which he has granted to us his precious and very great promises, so that through them you may become partakers of the divine nature, having escaped from the corruption that is in the world because of sinful desire.



For this very reason, make every effort to supplement your faith with virtue, and virtue with knowledge, and knowledge with self-control, and self-control with steadfastness, and steadfastness with godliness, and godliness with brotherly affection, and brotherly affection with love. For if these qualities are yours and are increasing, they keep you from being ineffective or unfruitful in the knowledge of our Lord Jesus Christ.

(2 Peter 1:3-8)



PART 1

SELF-CONTROL IN AN AGE OF SELF-ACTUALISATION

**‘I count him braver
who overcomes his
desires than him who
conquers his enemies;
for the hardest victory
is over self.’**

Aristotle

**‘I will be calm, I will
be mistress of myself.’**

Jane Austen, Sense and Sensibility

**For this very reason,
make every effort to
supplement your
faith... with self-
control, self-control
with endurance,'**

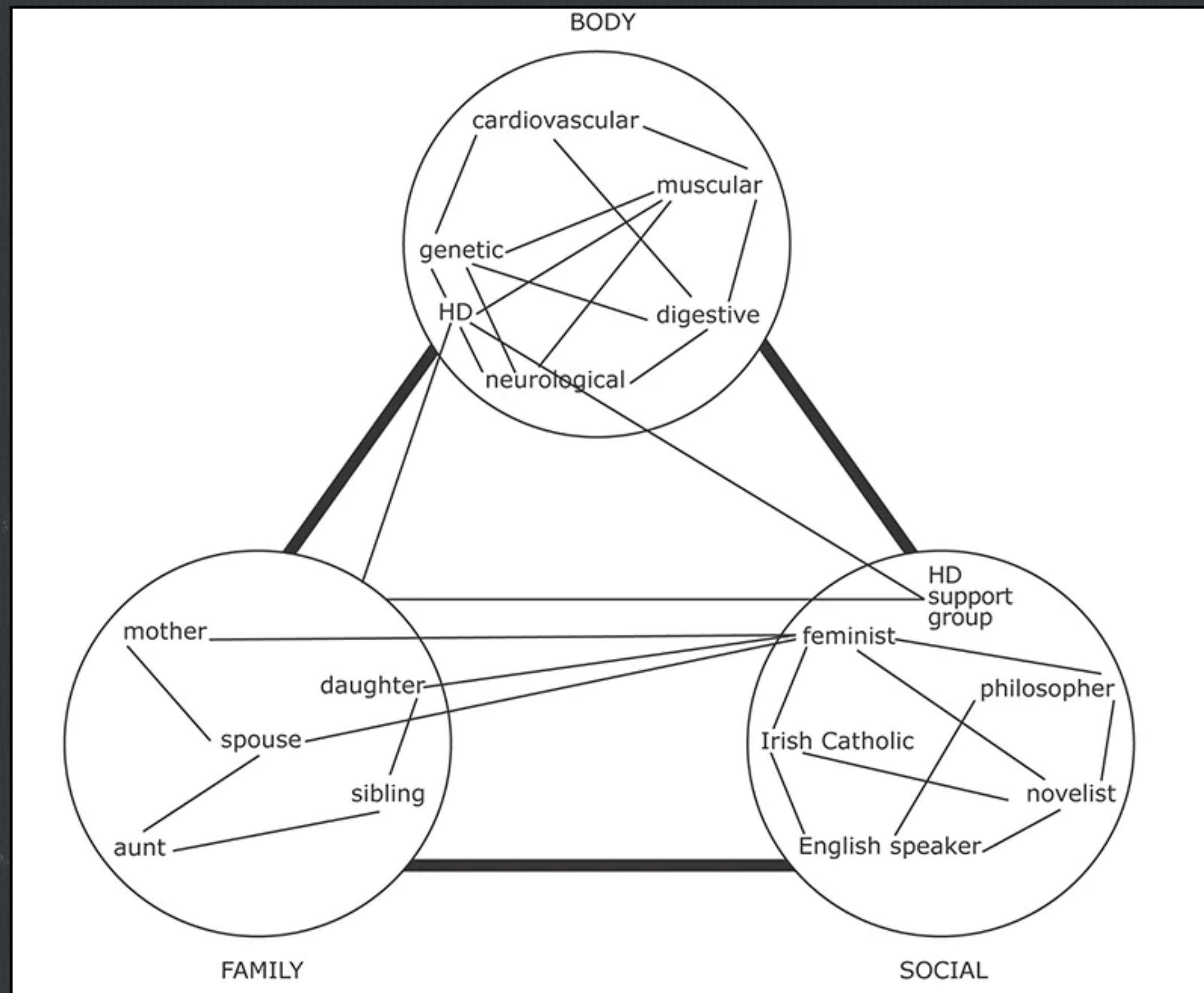
2 Peter 1:6

The Network self to be controlled

**Achieving coherence in the Network
To restrain one's emotions, impulses
or desires...**

**Self-discipline
Sel-assessment**

Self-control & self-actualisation



Self-control & self-actualisation

☐ **The Romantic Self**

☐ **The Genius**

Self-control & self- actualisation

☐ **Self as Bildung**

Self-control & self- actualisation

☐ **Authenticity &
Bildung**

Self-control & self- actualisation

☐ **Capitalism &
the power of
choice**

Self-control & self- actualisation

☐ **Dreams,
desires &
advertising**

Self-control & self- actualisation

☐ **Consumers
who buy
identities**

Self-control & self-actualisation

☐ **The self as a commodity**

The Jargon of Authenticity

Theodore Adorno

Self-actualisation and envy

The heart turned in on itself

The gift of self & the gifted self

**The gift of a new self in
Christ Jesus**

The gift of self & the gifted self

**The Christ and in the Spirit, I
am given a new self before God**

The gift of self & the gifted self

**In the Spirit, I become a gift to
the Body**

**Now everyone who competes
exercises self-control in
everything. They do it to
receive a perishable crown, but
we an imperishable crown.
(1 Cor 9:25)**

**The difference between self-control
& self-actualisation is the goal**

**If we live by the Spirit, let us
also keep in step with the
Spirit. Let us not become
conceited, provoking one
another, envying one another.
(Gal 6:25&26)**

**Self-control is a fruit of the Spirit
directing us through Christ to God and
therefore to others.**

**But the fruit of the Spirit is
love, joy, peace, patience,
kindness, goodness,
faithfulness, gentleness, and
self-control. (Gal 5:22-23)**

**We should expect the Spirit of God to
enable us to be self-controlled.**

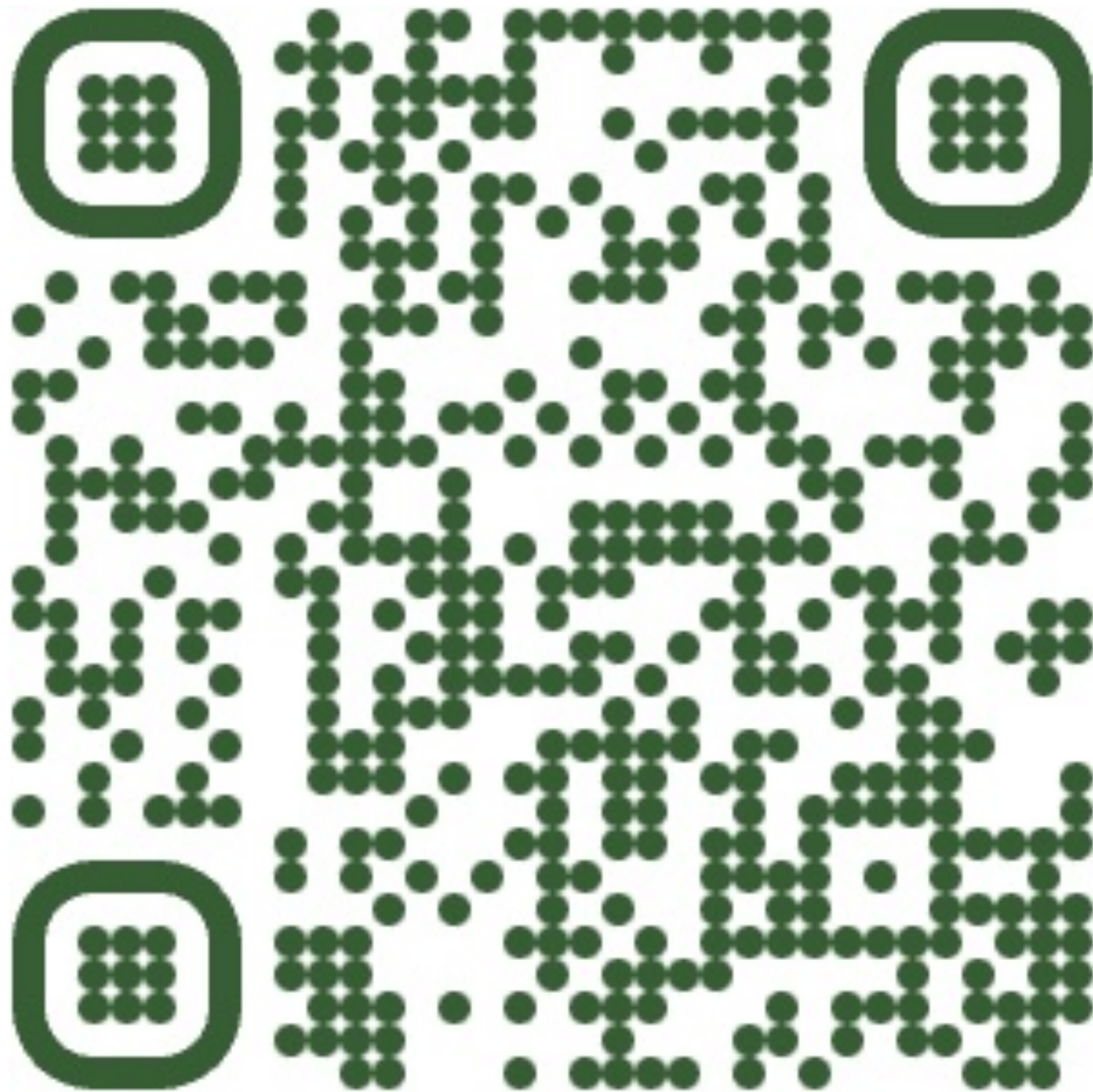
**... we ourselves who have
the Spirit as the firstfruits—
we also groan within
ourselves, eagerly waiting
for adoption, the redemption
of our bodies. (Rom 8:23-25)**

**Our heavenly Father promises that
the Lord Jesus intercedes for us
when we fail to exercise self-control.**



PART 2

DISCUSSING PRACTICALITIES



TELL US WHAT YOU THINK!
Complete our 5-minute survey

THE POWER AND PAIN OF PERSEVERANCE

2 PETER 1:6



SPEAKER:
MARK THOMPSON



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MARK
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7PM FOR 7:30PM | FRI 15 SEPT

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MARCUS LOANE HALL | MOORE COLLEGE, 1 KING ST, NEWTOWN



PART 3

Q&A



Go to sli.do
(use code “abstemious”)



Thank you for joining us!



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